

PRE-SCHOOL - LEARN TO SWIM - ADULTS

TIMETABLE TERM 1, 2024



City of Busselton

Geopraphe Leisure Centre











Classes begin Monday 29th January to Thursday 28th March.

DAY		JACKIE	ANGELINE	NADINE	TRISH		
MONDAY	3:30 pm	Stage 3	Stage 4	Angelfish	SQUADS—all require Fins & Water Bottle		
	4:00 pm	Stage 7	Stage 2	Stage 1	Dolphin 3.45 pm Stage 8+		
	4:30 pm	Stages 8 & 9	Stage 6	Seahorse	Stingrays 4.30pm Progress by Coach		
	5:00 pm	Stage 4	Stage 5	Octopus & Shark	Adult Stroke Correction		
	5:30 pm	Seahorse	Stages 10, 11 & 12	Angelfish	5.15pm - 5.45pm		
DAY		MANDY	JACKIE	ANGELINE	NADINE		
TUESDAY	3:30 pm	Stage 4	Stage 2	Stage 5	Angelfish		
	4:00 pm	Angelfish	Stages 8 & 9	Stage 6	Stage 2		
	4:30 pm	Angelfish	Stage 4	Stage 7	Stage 3		
	5:00 pm	Octopus & Shark	Stage 5	Stages 8 & 9	Seahorse		
	5:30 pm	Seahorse	Octopus & Shark	Stages 10, 11 & 12	Angelfish		
DAY		KYLIE	MANDY	ANGELINE			
WEDNESDAY	3:30 pm	Angelfish	Stage 3	Stage 6			
	4:00 pm	Stage 3	Angelfish	Stage 4			
	4:30 pm	Stage 7	Stage 4	Stage 2			
	5:00 pm	Stage 8 & 9	Stage 5	Private			
	5:30 pm	Octopus & Shark	Seahorse	Angelfish			
DAY		ANGELINE	JACKIE				
THURSDAY	3:30 pm	Stage 4	Angelfish				
	4:00 pm	Stage 5	Stage 2				
	4:30 pm	Stages 6 & 7	Seahorse				
	5:00 pm	Stages 8 & 9	Stage 4				
	5:30 pm	Angelfish	Stage 3				
DAY		JACKIE					
FRIDAY	3:30 pm	Stage 4					
	4:00 pm	Stages 6 & 7					
	4:30 pm	Stage 2					
	5:00 pm	Stage 5					
	5:30 pm	Stage 3					
DAY		FELICITY					
SATURDAY	9am	AquaStart WA	11.15am	Stage 3	1pm	Stage 6 & 7	
	10.05am	Angelfish	11.50am	Stage 4	1.35pm	Private	
	10.40am	Seahorse	12.25am	Stage 5			

INFANT AND PRE-SCHOOL

Classes begin Monday 29th January to Thursday 28th March.

TIMETABLE MORNINGS								
DAY / TIME / TEACHER		8:45 am	9:20 am	9:55 am	10:30 am	11:05 am	11:40 am	12.15
MONDAY	LYNELL	Little Ducks 1	Turtle	Little Ducks 2 & 3	Little Ducks 4 & 5	Angelfish	Little Ducks 2 & 3	Turtle
	STACEY		Little Ducks 4 & 5	Adult Beginner	Turtle	Seahorse	Angelfish	Octopus & Shark
TUESDAY	LYNELL	Little Ducks 4 & 5	Turtle	Angelfish	Little Ducks 2 & 3	Little Ducks 4 & 5	Turtle	Seahorse
	STACEY		Little Ducks 2 & 3	TBA	Angelfish	Turtle	Seahorse	Octopus & Shark
WEDNESDAY	NADINE	Turtle	Little Ducks 2 & 3	Little Ducks 4 & 5	Seahorse	Little Ducks 4 & 5	Angelfish	
	STACEY			Adult Stroke Correction	Angelfish	Turtle	Little Ducks 2 & 3	Octopus & Shark
THURSDAY	NADINE		Little Ducks 4 & 5	Angelfish	Little Ducks 2 & 3	Little Ducks 4 & 5	Turtle	Seahorse
THURSDAY	DANIELLE		Turtle	Seahorse	Angelfish	Turtle	Seahorse	Octopus & Shark
FRIDAY	DANIELLE		Stage 5 & 6	Busselton TAFE	Turtle	Angelfish	Seahorse	Turtle

Infants (6mths - 3yrs)	Pre - School (3-6 yrs)
<p>Little Ducks 1 (6-12 months old)</p> 	<p>Turtle (3-4yr olds)</p>  <p>Building independence. Parents begin in the water, aiming to transition out when child is ready.</p>
<p>Little Ducks 2 (12-18 months old)</p> 	<p>Angelfish (3-5.5yr old)</p>  <p>Stage 1 equivalent. Learning to submerge, glide and float independently.</p>
<p>Little Ducks 3 (18-24 months old)</p> 	<p>Seahorse (4-6yr old)</p>  <p>Stage 2 equivalent. Learning to effectively kick & swim 5m freestyle without a breathing pattern.</p>
<p>Little Ducks 4 (24-30 months old)</p> 	<p>Octopus (4-6yr old)</p>  <p>Working on the beginnings of stage 3 with the use of floatation aids. Introduction of a freestyle breathing pattern</p>
<p>Little Ducks 5 (30-36 months old)</p> 	<p>Shark (4-6yr old)</p>  <p>Working towards Stage 3 On completion of Shark students will progress to Stage 3 in our Learn to Swim program.</p>
<p style="text-align: center;"><u>Squad Program Information</u></p> <ul style="list-style-type: none"> <u>DOLPHIN SQUAD</u> - Beginner level. Stage 8 minimum requirement. Endurance building. Focus on competitive strokes. <u>STINGRAY SQUAD</u> - Intermediate level. <u>EELS SQUAD</u> - Advanced level. <p style="text-align: center;">FINS AND WATER ARE BOTTLE REQUIRED FOR EACH SESSION.</p> <p style="text-align: center;">40 MINUTE SESSIONS.</p> <p>Swimmers progress to next level when coach deems them suitable.</p>	